



Peacock Press

Naval Postgraduate School

SEPTEMBER/OCTOBER 2006

***Golf instruction available from
your PGA professionals.***



**SAM JEPSEN
and
DAVID ARANCIO**



Golf Shop Specials

***The Monterey Pines Golf Course
offers competitive prices
on all golf merchandise and equipment.
If we don't have it, we order it!***

***Merchandise Special for
September and October is 20% off
all Navy Collection Apparel.
We invite you to visit the Golf Shop
and take advantage of other
weekly specials and see
what's new in the shop.***

***Open daily
0630-1830***

***Please call 831-656-2167
to reserve a tee time.
Tee times may be made up to
one week in advance.***

***Honor Those Who Perished
On September 11th***



***Come out on Monday,
11 September 2006
at 1830 for a special
movie night in the
Barbara McNitt
Ballroom. We will be
showing "United 93".
Free movie!
Free popcorn!***

***For more information, call
656-7955.***



Freaky Family Friday

***Bring the family out Friday, 27 October in
the Barbara McNitt Ballroom for some
Halloween fun! We will be hosting a Childrens'
Costume Contest at 1830 and show the movie
"Tim Burton's Corpse Bride" at 1900. Free!***

Terror In The Trident Room



***Have a hauntingly good time at our Halloween
Party on Tuesday, 31 October in the Trident Room
from 1630-1900. Think you have the Most Original
Costume??? See what others are wearing and
compete for PRIZES!!!***

Free food, spooky games and entertainment!

For more information, call 656-7955.

Visit our website: www.mwr.nps.navy.mil



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NAVAL POSTGRADUATE SCHOOL

COL David Smarsh USAF
President, Acting/Chief of Staff

Pete Dausen
Director, Base Operations Support

Megan Ryan
Quality of Life Director

Darlene Raish
Leisure Services Manager

Samuel Jepsen
Golf Course/RV Campground
Manager

Theresa Ikstrums
Child and Youth Programs Director

Hugh Butler
Executive Chef

Renee Leiva
Catering Sales Manager

Cecilia S. Legario
Marketing Coordinator

The Peacock Press is a bi-monthly publication of the MWR Department, Naval Postgraduate School, Monterey. Information may be subject to change without notice.

All phone numbers are in
area code (831)



September Schedule of Classes

Electronic Job Banks (PCs Available) - Mon-Fri, FFSC (Resource Room), 1280 Leahy Road, La Mesa Village, Bldg 1.

Resume & Federal Application Review - Critique by Employment Counselor. Walk-in OK, FFSC, 1280 Leahy Room, La Mesa Village, Bldg 1.

Family Employment Assistance Readiness Program (FERP) - Assistance by Employment Counselor. Call for appointment, FFSC, 1280 Leahy Road, La Mesa Village, Bldg 1.

CARIT (Career Information Team) Briefing - Fri, Sept 15, 1-3 pm, FFSC (Conf Rm), 1280 Leahy Rd, La Mesa Village.

Resume Writing Class - Sept 7, 1-3 pm. Available at FFSC, Conf Rm, 1280 Leahy Rd, Bldg 3

Interviewing Skills Class - Sept 14 1-3 pm, FFSC, Conf Rm, 1280 Leahy Rd, Bldg 3.

Federal Employment System Class - Sept 26, 1-3 pm, FFSC, Conf Rm, 1280 Leahy Rd, Bldg 3.

Home Buying Class - Sept 28, 1-3 pm FFSC, Bldg 3, Conference Room.
Uniform Services TSP Overview Brief - Sept 11, 18 & 25, 12 noon-1:30 pm, FFSC Conf Rm, 1280 Leahy Rd, Bldg 3.

Individual Financial Counseling - Assistance by Financial Counselor - Call for appointment, FFSC, 1280 Leahy Rd, Bldg 1.

PARENTING, FAMILY AND COUNSELING

Chess Club (Building Confidence) Beginning Class, 1st thru 3rd grades every Wednesday from 1:15-2:15 pm, La Mesa Activity Center.

Advance Chess Club Class, 4th grade and above: Every Wed from 2:25-3:25 pm, La Mesa Activity Center, La Mesa Village.

Toddler Group: Every Friday 10-11:15 am, 1281 Leahy Road, La Mesa (Bldg directly across from FFSC downstairs).

Optimistic Thinking for Children: Tuesdays 5, 12, 19 & 26 Sept 3-4:15 pm, FFSC (upstairs), 1280 Leahy Road, La Mesa Village.

Individuals, Couples & Family Counseling: Mon-Tues, Thurs & Fri: 8:30 am-4:30 pm; Wed: 10 am-4:30 pm, FFSC (2nd floor).

RELOCATION, INFORMATION & REFERRAL

Smooth Move: Every Thurs & Fri, 9-10 am, FFSC, Bldg 1 (Resource Room).

VOLUNTEER PROGRAM

Volunteer opportunities are available at Fleet and Family Support Center.

For full description of FFSC workshops, visit us at
<http://www.nps.edu/ffsc/index.html> or call 656-3060.



Single Sailors



DEEP SEA FISHING
with Randy's Fishing Trip
Saturday, 16 September 2006

Cost: \$13.00 (open to NPS Navy single enlisted and geo bachelors). Sign up by Monday, 11 September 2006 through the ITT Office.

For assembly time and departure, please call 656-7955.



The Navy Lodge's objective is to provide every guest with affordable, clean, comfortable and well-appointed accommodations. Navy Lodges serve all active duty military members and their families, retired military, members of the Armed Forces Reserves and Department of Defense personnel on official orders. You work hard to find the best accommodations at the best rate. We work just as hard to deliver them plus we add great service! The Navy Lodge is committed to providing our guests the best value anywhere.

We are presently accepting applicants for several job openings for our Monterey branch. Interested parties, please inquire by calling (831) 372-6133 or stop by our office at 1100 Farragut Road, Monterey, CA 92940.



Outdoor Recreation
Presidio of Monterey
Bldg. 228, Lewis Hall, POM
Open M-F 10:30 am - 2 pm & 3-6 pm
Tel: (831) 242-6133/5506
Check out www.pom-odr.com

ADVENTURE SPORTS	DATE	COST
Lake Tahoe Float & Climb	Sept 1-4, 2006	\$199.00
Open Water 1 SCUBA Class	Sept 2 & 9, 2006	\$199.00
Water Skiing	Sept 9, 2006	\$50.00
Surf Lessons	Sept 9, 2006	\$40.00
Yosemite Rock Climbing	Sept 15-17, 2006	\$149.00
Kayak and Snorkel	Sept 23, 2006	\$40.00
Syke's Hot Springs Backpack	Sept 30-Oct 1, 2006	\$30.00
Big Sur Camping	Oct 6-8, 2006	\$59.00
Open Water 1 SCUBA Class	Oct 7 & 15, 2006	\$199.00
Kayak and Snorkel	Oct 14, 2006	\$40.00
Knot Tying Class	Oct 19, 2006	\$20.00
Water Skiing	Oct 20-22, 2006	\$149.00
Redwoods Hike and Climb	Oct 20-22, 2006	\$149.00
Rock Climbing Class	Oct 28, 2006	\$50.00
Surf Lessons	Oct 28, 2006	\$40.00

VETERINARY TREATMENT FACILITY

Bring your pets to the Presidio of Monterey's Veterinary Treatment Facility, Bldg. 4380, located on the Ord Military Community. Open Monday to Friday from 8:00 a.m. to 12:00 p.m. and 1:30 to 3:00 p.m. The facility offers vaccinations, an outpatient clinic, heartworm testing, microchip identification, health certificates, pet registration and over-the-counter sales. Call (831) 242-7718 to verify hours and eligibility. For emergencies, please contact your local veterinarian.

GENERAL STILLWELL COMMUNITY CENTER BINGO




Play Bingo at the General Stillwell Community Center, Bldg 4260 on the Ord Military Community every Tuesday and Thursday starting at 6:00 pm. The minimum buy-in is \$20.00 and the total jackpot payout is \$8,000.00 per session.

For more information call (831) 242-7801.

**The following MWR facilities
will be closed on Monday,
4 September 2006 in observance of
Labor Day and on Monday,
9 October 2006 in observance of
Columbus Day:**

ADMINISTRATION AND CATERING OFFICES
CAFÉ DEL MONTE
CHILD DEVELOPMENT CENTER
CLUB DEL MONTE
INFORMATION TICKETS & TOURS
MWR BUSINESS OFFICES
MONTEREY BAY ATHLETIC CLUB
TECH CONNECTION/TEEN & YOUTH CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Monday 11, 18 & 25 Dinner Special Trident Room 1600-2100</p> <p>SEAFOOD CIOPPINO Adults: \$11.00 Kids 5-10: \$5.50</p>	<p>Try our popular Tuesday Night Dinner Special Trident Room 1600-2100</p> <p>"Moist & Tender" PRIME RIB Adults \$13.00 Kids 5-10 \$6.95</p>	<p>FAMILY NIGHT Dinner Special Trident Room 1600-2100</p> <p>SEAFOOD LINGUINI Adults \$9.50 Kids 5-10 \$4.75</p>	<p>Every Thursday Dinner Special Trident Room 1600-2100</p> <p>BRAISED BEEF SHORT RIBS Adults \$10.95 Kids 5-10 \$6.95</p>	<p>1</p> <p>CLUB DEL MONTE CATERS GREAT DEALS FOR "WETTING DOWN" PROMOTIONS</p>
<p>4</p> <p><i>Holiday</i> Labor Day ★★★★★</p>	<p>5</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>6</p> <p>ICE AGE 2 THE MELT DOWN (PG) 1830</p> <p>Dinner Special SEAFOOD LINGUINI</p>	<p>7</p> <p>Trident Room 6 X 6 SPECIAL Monday-Friday</p> <p>Order one of our delicious hamburgers or cheeseburgers by 6:00 pm and pay only \$6.00. This burger ships with choice of fries or slaw, & one of our ten draft beers or a fountain beverage.</p>	<p>8</p> <p>CAFÉ DEL MONTE HOURS MON-THURS 0630-1600 FRI 0630-1430</p> <p>BREAKFAST 0630-0830</p> <p>LUNCH 1045-1400</p>
<p>11</p> <p>Special Movie Night showing "UNITED 93" 1830 Barbara McNitt Ballroom</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>12</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>13</p> <p>OVER THE HEDGE (PG) 1830</p> <p>Dinner Special SEAFOOD LINGUINI</p>	<p>14</p> <p>Dinner Special BRAISED BEEF SHORT RIBS</p>	<p>15</p> <p>TRIDENT ROOM TGIF FREE APPETIZERS OFFERED EVERY FRIDAY AT 1600</p> <p>DINNER SERVICE 1600-2100</p>
<p>18</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>19</p> <p>TRIDENT ROOM APPETIZER SPECIAL</p> <p>Buy one appetizer at \$4.00 or greater get the 2nd appetizer for \$2.00</p> <p>Bring a friend!</p>	<p>20</p> <p>NACHO LIBRE (PG) 1830</p> <p>Dinner Special SEAFOOD LINGUINI</p>	<p>21</p> <p>Dinner Special BRAISED BEEF SHORT RIBS</p>	<p>22</p> <p>MONTEREY PINES 19TH HOLE GRILL OPEN MON-WED 0900-1700 THURS-SUN 0700-1700</p> <p>CALL 656-2167</p>
<p>25</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>26</p> <p>CAFÉ DEL MONTE PROUDLY BREWS STARBUCKS COFFEE</p> <p>DAILY SPECIALS! GREAT PRICES! QUICK SERVICE!</p>	<p>27</p> <p>THE WILD (G) 1830</p> <p>Dinner Special SEAFOOD LINGUINI</p>	<p>28</p> <p>Dinner Special BRAISED BEEF SHORT RIBS</p>	<p>29</p> <p>THE TECH CONNECTION/TEEN & YOUTH CENTER OFFERS BOYS AND GIRLS CLUB OF AMERICA PROGRAMS.</p> <p>FOR MORE INFO, CALL 656-2127.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Monday 2, 16, 23 & 30 Dinner Special Trident Room 1600-2100</p> <p>SEAFOOD CIOPPINO Adults: \$12.00 Kids 5-10: \$6.50</p>	<p>3</p> <p>Every Tuesday Dinner Special Trident Room 1600-2100</p> <p>"Moist & Tender" PRIME RIB Adults \$14.00 Kids 5-10 \$7.25</p>	<p>4</p> <p>R.V. (PG) 1830 Every Wednesday FAMILY NIGHT Dinner Special Trident Room 1600-2100 SEAFOOD LINGUINI Adults \$10.50 Kids 5-10 \$5.95</p>	<p>5</p> <p>Every Thursday Dinner Special Trident Room 1600-2100</p> <p>BRAISED BEEF SHORT RIBS Adults \$10.95 Kids 5-10 \$6.95</p>	<p>6</p> <p>MONTEREY BAY ATHLETIC CLUB OPEN MONDAY-FRIDAY 5:30 AM-9:00 PM SATURDAYS 8:00 AM-4:00 PM SUNDAYS 11:00 AM-4:00 PM CLOSED ALL FEDERAL HOLIDAYS</p>
<p>9</p> <p><i>Holiday</i></p> <p><i>Columbus</i></p> <p><i>Day</i></p>	<p>10</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>11</p> <p>HOOT (G) 1830 Dinner Special SEAFOOD LINGUINI</p>	<p>12</p> <p>TRIDENT ROOM APPETIZER SPECIAL Buy one appetizer at \$4.50 or greater get the 2nd appetizer for \$2.25 Bring a friend!</p>	<p>13</p> <p>MONTEREY NAVY FLYING CLUB OFFERS EXCELLENT OPPORTUNITIES FOR AIRCRAFT RENTALS, RECREATIONAL FLYING AND PROFESSIONAL FLIGHT TRAINING. INFO, CALL 372-7033</p>
<p>16</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>17</p> <p>Trident Room \$6.50 X 6 SPECIAL Order one of our deli- cious hamburgers or cheeseburgers by 6:00 pm and pay only \$6.50. This burger ships with choice of fries or slaw, & one of our ten draft beers or a fountain beverage.</p>	<p>18</p> <p>X-MEN THE LAST STAND (PG 13) 1830 Dinner Special SEAFOOD LINGUINI</p>	<p>19</p> <p>Dinner Special BRAISED BEEF SHORT RIBS</p>	<p>20</p> <p>BLUEWATER COVE MARINA UNDER THE MANAGEMENT OF MONTEREY SAILING OFFERS DISCOUNTED INSTRUCTION AND CHARTER RATES. CALL: 372-9463</p>
<p>23</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>24</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>25</p> <p>AKEELAH AND THE BEE (PG) 1900 Dinner Special SEAFOOD LINGUINI</p>	<p>26</p> <p>Dinner Special BRAISED BEEF SHORT RIBS</p>	<p>27</p> <p>Freaky Family Friday showing "TIM BURTON'S CORPSE BRIDE" 1830 Barbara McNitt Ballroom</p>
<p>30</p> <p>PUMPKIN CARVING CONTEST! Stop by the Trident Room between 1600-1900 carve a pumpkin and win the "Most Original" Dinner Special SEAFOOD CIOPPINO</p>	<p>31</p> <p>HALLOWEEN PARTY 1630-1900 Trident Room Dinner Special "Moist & Tender" PRIME RIB</p>	<p>THE CHILD DEVELOPMENT CENTER IS OPEN TO ACTIVE DUTY MILITARY, RESERVISTS IN ACTIVE DUTY STATUS & DOD CIVILIANS. CALL 656-2734</p>	<p>FRIDAY LUNCH SPECIAL</p> <p>South of the Border Treat every Friday. We will feature our delicious Taco Bar to include fresh ground chicken-seasoned with lime, sautéed in garlic and cilantro; fresh ground beef flavored with Taco sea- soning served with Spanish Rice and Black beans.</p> 	



Located in
HERRMANN HALL
near the
QUARTERDECK

Open
Monday-Friday
9:30 a.m. - 1:30 p.m.
2:30 - 4:30 p.m.

Closed Weekends
and
Federal Holidays

SEPTEMBER	UPCOMING ITT TOURS	PRICE
2-4	Los Angeles City Tour: Magic Mountain, Universal Studios, Medieval Times, Getty Museum	\$275.00
9	San Francisco Get Acquainted	\$30.00
17	Football: San Francisco 49ers vs. St Louis Rams	\$70.00
30	Baseball: San Francisco Giants vs. Los Angeles Dodgers	\$45.00
26	Raging Waters Tour	\$45.00



Race Season is Underway!!!

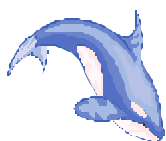


ITT will have tickets to the Monterey Sports Car race approximately three weeks prior to the October 20-22, 2006 race.

Ticket prices will be posted at the ITT Office or on the MWR website.

For more information, call 656-3223.

DEEP SEA FISHING & WHALE WATCHING



Sign up for local deep-sea fishing or whale watching excursions with Randy's Fishing Trips. Whale Watching is \$21.00 for adults and \$16.00 for children 2-11 years. Prices for fishing start at \$41.50 per person. Gear and license are extra.

2006 ENTERTAINMENT BOOKS



Don't wait to get coupons to use at local restaurants, attractions, and more! The 2006 Entertainment Books have been reduced to only \$15.00 each (regular price \$25.00).

GIFT CHECK BOOK



Save money on our local dining, entertainment and retail establishments with the "Gift Check Book." Regular price \$12.00 now on sale for only \$7.00!!! Hurry while supply lasts.

HERE'S TO THE HEROES!

Sea World is still free for active duty U.S. Military. Just go on line to www.seaworld.com and hit the "Here's to the Heroes" link.

Wild Animal Park and San Diego Zoo is also offering free admission to active duty military personnel.

San Diego Zoo offers FREE admission to children (age 11 and under) for the entire month of **OCTOBER!**

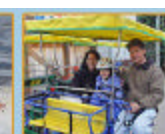
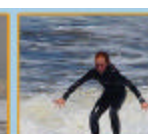
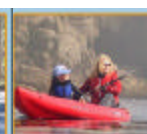
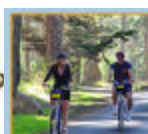
WHAT'S NEW AT ITT?

1. SANCTUARY ROCK GYM ADMISSION:



Daily	\$ 8.50
Rentals	\$ 7.50
First timers	\$ 21.00
4 Months	\$139.50
Private	\$ 26.00

2. ADVENTURES BY THE SEA RENTALS:



7 day bicycle rental	\$40.00
30 day bicycle rental	\$99.00
Kayak all day rental	\$27.00
Kayak tour and all day rental	\$45.00
Stillwater Cove kayak tour	\$65.00

For more information, call 656-3223.

SPORTS

ADULT BASKETBALL LEAGUE



League begins: October 2, 2006
Rosters due: September 27, 2006
Coaches meeting: September 27, 2006
Time: 1600 in the Sports Office
Games played: Monday-Thursday
Location: MBAC Gym
Time: 1810, 1910 and 2010

ADULT VOLLEYBALL LEAGUE

League begins: October 3, 2006
Rosters due: September 28, 2006
Games played: Every Tuesday only
Location: MBAC Gym
Game time: 1800, 1900 and 2000



For more information, call Sue at 656-2497 or 656-3118.



HOLIDAY FITNESS CHALLENGE

October 23-December 15, 2006

Eight week exercise incentive program, set up so you will be ready for the holidays. Earn exercise points for every half hour of ANY exercise. **Free** to all members. (For \$10.00 any participant could earn a specially designed T-shirt). Contact the Fitness Center at 656-3118 for details.

SUMMER FITNESS CLASSES

Every Thursday 11:00 am-12:00 noon

The following fitness classes will be available at the Fitness Center. Free to all members (military active, retired, reserves, DOD and family members).

Sept 7: Strength "the next level"

Sept 14: All Elements of Fitness

Contact the Fitness Center at 656-3118 for details.



PERSONAL TRAINING IS AVAILABLE FOR OUR PATRONS

We have the best male and female trainers on the peninsula. By appointment you can get set up by Marcelo Dutra or Traci Riley.

Personal training fees are \$20.00 for a half hour, \$40.00 for an hour or \$225.00 for 6 one-hour sessions.

To make appointment, please call 656-3118.

THERAPEUTIC MASSAGE

Help improve performance, decrease pain and promote relaxation!



(Male or Female therapist now available)

Fees: \$60.00 for 60 minutes
massage session.
\$90.00 for 90 minutes
massage session.

"Gift Certificates are available"

For appointments, please call 656-3118.

GROUP FITNESS CLASS SCHEDULE

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1000		YOGA		YOGA	
1100	MUSCULAR POWER FLEX		MUSCULAR POWER FLEX		MUSCULAR POWER FLEX
1200	CARDIO KICK	SPIN	CARDIO KICK	SPIN	
1630		MUSCULAR POWER FLEX		MUSCULAR POWER FLEX	
1730	SPIN	STEP	SPIN	CARDIO KICK	
1830	JUDO		JUDO	CAPOEIRA	



PARENTS' ADVISORY BOARD MEETING

Tuesday, 17 October 2006

4:30 P.M.

The Child and Youth Program is recruiting members for our Parent Advisory Board. Interested parents should contact Theresa Ikstrums at 656-2734.

THE CHILD DEVELOPMENT HOME PROGRAM OFFERS

Navy Certified Care by Military Family Members in Their Homes.



Interested in pursuing a rewarding career and working at home? How about becoming a Child Development Home Care provider? You'll receive extensive training, become First Aid/ CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call! We'll be happy to give you more information, and assist you through our CDH certification process!

The Benefits: You can stay home with your own children, offer authorized quality child care for others in your La Mesa residence, share in the financial support of your family, and have fun!

CHILD DEVELOPMENT CENTER

"CDC is the place to be!"

2 La Mesa Way, Building 439

If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing, early childhood experience - the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care Monday-Friday 0730-1730. Please contact the center to see if a space is available as we do maintain a wait list.

We also offer a
**Life Skills Readiness Part Day
Preschool Program &
Jellyfish Drop In Program**

CDC INFANT ROOM



The infant room at the Child Development Center will now be a "shoeless" environment. In support of the infants spending time on the floor, we will be asking parents to put surgical booties on over their shoes. Please see Theresa Ikstrums, Child and Youth Programs Director if you have any questions.

The Preschool Programs at the Child Development Center will be visiting the Hacienda Hay and Feed Pumpkin Patch in Carmel in late October. Stay tuned for more details or call 656-2734.

REQUEST FOR CARE

The "Request for Care" form for patrons wanting to be put on the waiting list for care is now on the Navy Website. You can go to <https://gol.persnet.navy.mil/CYPWeb/> and go to "Request for Care" and fill in the form. We will be able to access your form from the program. Call 656-2374 if you have any questions.

FIRE PREVENTION MONTH

October is Fire Prevention Month so the CDC will be having visitors from the Fire Department in early October.

All of our programs are open to active duty military, reservists in active duty status, and DOD civilians on a space available basis. Please call 656-2734 for more information.



**BOYS & GIRLS CLUBS
OF AMERICA**

The Tech Connection, Teen and Youth Center is a proud member of the Boys and Girls Club of America. We offer programs developed by the Boys and Girls Club of America.

JAZZERCISE FOR ADULTS



Classes are held every
Tuesday & Thursday 9:30-10:30 am

Monday, Wednesday & Friday
4:30-5:30 pm.

Cost \$35.00 per month; \$25.00 bi-weekly;
\$7.00 per class

TENNIS LESSONS

with Jimmie Brooks

La Mesa Tennis Court

Ages 6-15

Mondays and Wednesdays

4:00-5:00 pm

Open to military and DOD families.
Minimum 4 students per class. Maximum 7 students
per class. Cost: \$72.00 per eight lessons

Private lessons are available by appointment.

Cost: \$35.00 per hour

To register, call the Tech Connection at 656-2127.

AMERICA'S DAY FOR KIDS



Please join us for an afternoon of

CARNIVAL FUN

on Friday, 22 September 2006

3:00-6:00 PM

at the Tech Connection/Teen and Youth Center.

Bounce house, snow cones, cotton candy,

popcorn, face painting and much more.

Fun and games for the kids and parents.

For more information, call 656-2127.

DANCE LESSONS

**For Military
and**

DOD Civilian Families

Tuesdays & Thursdays

Tuesdays

Tot Ballet	3 year old	2:00-2:45
Pre-Ballet	5 year old	2:45-3:30
Ballet 1	6-8 year old	3:30-4:15

Thursdays

Creative Ballet	4 year old	2:45-3:30
Pre-Ballet	5 year old	3:30-4:15
Pre-Jazz/Jazz 1	5-6 year old	3:30-4:15

Cost: \$38.00 per month

To register, please call 656-2127.

The Tech Connection/Teen & Youth Center
and the Child Development Center
will be closed on Monday, 4 September 2006
in observance of Labor Day and on
Monday, 9 October 2006
in observance of Columbus Day.



The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.

www.navyflyingclubs.com/monterey

MEMBERSHIP FEES

Monthly dues: \$25.00 Initiation fee: \$50.00

Want to earn your pilot's certificate?

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much more affordable rate than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club. Ground and Flight Instruction: \$25.00/hour.

COST SHARING: Our licensed pilots at the Monterey Navy Flying Club frequently fly by themselves, and through "cost sharing" of the fees for the flight, you and up to two other MWR eligible patrons can fly along. Fly over the California Coast or down it's beautiful valleys. Call the Monterey Navy Flying Club at (831) 372-7033 for more information.

AIRCRAFT RENTAL RATES



Beech (T-34) \$135.00



Cessna 152 (IFR) \$64.00



Cessna 172 (IFR) \$78.00

All rates are on an hourly basis including fuel.

MONTEREY SAILING



Breakwater Cove
32 Cannery Row Suite J.
Monterey, CA 93940
Tel: (831) 372-9463
Fax: (831) 372-9464
www.montereysailing.org

Monterey Sailing provides opportunities for learning to sail in a safe, professional environment and then to continue sailing without the responsibility and expense of owning a boat.

Check out our discounted instruction and charter rates!

AMERICAN SAILING ASSOCIATION CERTIFICATION

Basic Keelboat	\$300.00		
Basic Coastal Cruising	\$350.00	Offshore Cruising	\$600.00
Bare Boat Chartering	\$350.00	Complete (BKB+BCC	
Coastal Navigation	\$600.00	+BBC)	\$900.00

Note: Minimum of three students per class.

BARE BOAT CHARTERS

Capri 14	\$20.00/hour \$30.00/day
Prindle 16 Catamaran	\$20.00/hour \$30.00/day
Santana 22, Capri 22, Ranger 23	\$15.00/hour \$30.00/day
Buccaneer 30 (Hanalei)	\$25.00/hour \$40.00/day
Boston Whaler (13 Ft.)	\$20.00/hour \$70.00/day



MWR ADVISORY BOARD MEETING WEDNESDAY, 6 September 2006

The next MWR Advisory Board Meeting is set for Wednesday, 6 September 2006, at 12:00 noon in the Del Monte Room, Herrmann Hall, Bldg 220.

All Departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR information and to share your organization's feed back with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-2502.



MONTEREY PINES GOLF FEES

0630-1400	
Military Greens Fee	\$14.00
DOD	\$20.00
Civilian Greens Fee	\$26.00
Junior (17 & under)	\$10.00

1400-1600	
Military Greens Fee	\$12.00
DOD	\$14.00
Civilian Greens Fee	\$17.00
Junior (17 & under)	\$ 8.00

1600-1830	
Military Greens Fee	\$10.00
DOD	\$11.00
Civilian Greens Fee	\$12.00
Junior (17 & under)	\$ 7.00

DRIVING RANGE OPEN 0630 TO 1830
Range Balls \$5.00

Cart Rental: \$10.00 per rider shared cart;
\$12.00 single rider; \$10.00 Club rental

MONTEREY PINES GOLF COURSE 19TH HOLE GRILL



HOURS OF OPERATION

Monday - Wednesday: 0900-1700
Thursday-Sunday: 0700-1700

19th Hole Grill offers breakfast and lunch daily.
Wednesday Lunch Special: Jim's award winning
CHICKEN GUMBO WITH RICE \$5.75

Friday Lunch Special
FISH OR SHRIMP SPECIAL
SERVED WITH SOUP OF THE DAY \$6.25

For more information, please call 656-2167.

MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members and DOD civilians.



*About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey), our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For more information, call 656-7563.

LUNCH-BUCKET SPECIAL



We invite you for a visit
at Lunch Time, hit a bucket of
Range Balls and have a
Hot Dog, Chips and
Soft Drink for only \$7.00.
Save over \$3.00 with this special!

For more details, call 656-2167.

Monterey Pines Golf Course will be open
on Monday, 4 September 2006
LABOR DAY
and on Monday, 9 October 2006
COLUMBUS DAY

NSD, MONTEREY (Area Code 831)

MWR ADMINISTRATIVE OFFICES - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170 or 656-2502.

EL PRADO DINING ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and federal holidays. For information, call: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 - 10:45 a.m. Weekdays

Hot Breakfast: 6:45 - 9:00 a.m. Weekdays

Lunch: 10:45 a.m. - 1:30 p.m. Weekdays

TRIDENT ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and most federal holidays. Phone: 656-2170 or 656-7508 (after regular business hours).

Hours of Operation:

Beverage Service : 4:00 - 10:30 p.m. Monday - Wednesday

3:00 - 10:30 p.m. Thursday & Friday

Dinner Service : 4:00 - 9:00 p.m. Monday through Friday

CLUB DEL MONTE/CATERING SALES OFFICE - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170.

CAFÉ DEL MONTE - Located next to Knox Library. Open Monday-Thursday 6:30 a.m.-4:00 p.m.; Fridays 6:30 a.m. - 2:30 p.m. Closed weekends and all federal holidays. Open for breakfast 6:30-8:30 a.m.; lunch 10:45 a.m.-2:00 p.m.

INFORMATION TICKETS & TOURS - Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. - 1:30 p.m. 2:30 - 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Phone: 656-3223.

CHILD DEVELOPMENT CENTER - La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. - 5:30 p.m., Monday through Friday. Closed all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES - Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

MWR BUSINESS OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8:30 a.m. - 5:00 p.m. Closed weekends and federal holidays. Phone: 656-7954.

TECH CONNECTION - La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 1400-1800 while school is in session. Special camps offered for school breaks (all seasons) & teacher in-service days 0730-1800. Youth & Teen Open Recreation, 1400- 1800 Monday through Friday while school is in session and 1100-1800 during breaks. Closed all federal holidays. Phone: 656-2127.

MONTEREY BAY ATHLETIC CLUB - (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. - 9:00 p.m.; Saturdays, 8:00 a.m. - 4:00 p.m.; Sundays 11:00 a.m. - 4:00 p.m.; closed all federal holidays. Phone 656-3118.

MONTEREY PINES GOLF COURSE - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily at 6:30 a.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-7563.

MONTEREY NAVY FLYING CLUB - At the Monterey Airport. Office Hours Monday to Friday 9:00 a.m. - 5:00 p.m. Phone: 372-7033.

BLUEWATER COVE MARINA - On the Coast Guard Pier, downtown Monterey. Open daily. Phone: 372-9463.

MWR MARKETING OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 9 a.m. - 5:30 p.m. Closed weekends and federal holidays. Phone: 656-1170/7677.

THE FLEET & FAMILY SUPPORT CENTER - 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Tel: 656-3060.

NAVY EXCHANGE TELEPHONE NUMBERS - Main Store: 373-7277; Autoport: 373-7271; La Mesa Mini-Mart: 375-0959.

NAVY LODGE - 1100 Farragut Road, Monterey, Ca 93940. Tel: 372-6133.

NPS U.S. POST OFFICE- Open Monday through Friday, 9:30 a.m.-3:30 p.m. Tel: 333-1734.

EAGLE'S EYE GALLERY - Herrmann Hall basement (Bldg 220). Open Monday through Friday 11:00 a.m. - 3:00 p.m. Tel: 372-3565/333-1734.



Peacock Press

Morale, Welfare and Recreation Department
Naval Support Detachment, Monterey
1 University Circle
Monterey, CA 93943-5000

CHECK OUT MWR'S WEBSITE!
www.mwr.nps.navy.mil